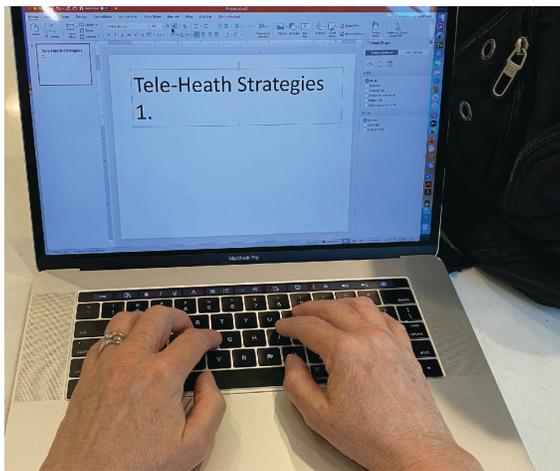


# The Handwriting Clinic

BROCHURE for:  
FALL/SPRING/SUMMER



P.O. Box 941903  
Plano, Texas 75094  
972 633-1974

[www.TheHandwritingClinic.com](http://www.TheHandwritingClinic.com)

[jan@thehandwritingclinic.com](mailto:jan@thehandwritingclinic.com)

**Lots of OPTIONS!**

## About our clinic:

I am Jan McCleskey, MA, OTR, the owner of The Handwriting Clinic. I started the clinic in the summer of 2002. We have provided classes, summer camps and private therapy since 2002! I closed the building as it was not feasible to renew a 5-year-lease during the Covid pandemic. There are no plans to do a new lease. While I am not retired, after 37 years as an OT, I just do not want to work the 12-hour days maintaining a clinic while also continuing to do product development and inservices. I am doing teletherapy services through Zoom.

## OPTIONS FOR SERVICES:

### Teletherapy:

I have 25 therapy slots that I fill for teletherapy and see students mostly in the afternoons. Teletherapy is working extremely well for most students. Honestly, I really like teletherapy as the students make excellent progress when there is such close parent support. If your child needs direct 1:1 therapy due to significant attention span concerns, developmental delay, etc, teletherapy may not be the best choice but please call and discuss it with us. Tears to Cheers is a handwriting clinic in Dallas that is seeing students directly in their building – a very good option for students with significant special needs who just need that 1:1 direct contact, sensory breaks and hands on manipulatives.

**\*\*\* Due to licensing laws in the state of Texas, I can only provide teletherapy services to residents of Texas.**

### Self-paced Online Courses: (Descriptions at back of brochure)

All of our courses and camps are now available online on the Zenler platform – all levels! This is a very cost effective option and available to anyone, no matter their residence. The courses include learning modules with all the curriculum! The courses are guided by me through video and written instructions within the modules. The courses include the workbooks and a significant amount of supportive materials! The courses are designed for the parent to instruct the student using our course material. The courses are not designed for a child to go through the material independently. These courses will be described within this brochure. The link to the courses is:

<https://the-handwriting-clinic.newzenler.com>

# Teletherapy

## Online Teletherapy:

In order to get started with services, you can call our office at 972 633-1974 and speak with Karen Haddox to inquire about services or email Jan McCleskey at [jan@thehandwritingclinic.com](mailto:jan@thehandwritingclinic.com). I am Jan McCleskey, MA, OTR, the owner of The Handwriting Clinic and the therapist providing teletherapy services.

Slots fill quickly, but I am discharging and adding students often. If you are interested in a time slot, please fill out this registration form (attached at the back of this brochure). Of course, we would love to chat with you prior to receiving the form if you have any questions.

Please email this form to: [jan@TheHandwritingClinic.com](mailto:jan@TheHandwritingClinic.com) and [office@thehandwritingclinic.com](mailto:office@thehandwritingclinic.com)

Once I receive the registration form, I can offer a time slot or place your child on the wait list.

**FALL/SPRING:** Time slots are in the afternoons with most slots from 3:30 – 5:30.

**SUMMER SLOTS:** Slots are offered on a first come basis. Please fill out the registration form and we will call around **May 15** to offer time slots in **order that the registration form** is received. Slots will be mostly in the afternoons. It is fine if you miss sessions for vacation or other activities, but you need to let us know ahead of time. I apologize if slots fill. I can let you know when registering if there will be guaranteed slots open.

\*\*\* Teletherapy services may only be provided to Texas residents due to licensure laws for occupational therapists in Texas. We have an option of self paced handwriting courses (includes learning modules and materials) that are available to any student regardless of residence. The link to these courses is:

<https://the-handwriting-clinic.newzenler.com>

Once your child has a time slot, Karen will be asking for registration information/billing to log you into our clinic software. You will get reminders for appointments and billing receipts from MindBody/The Handwriting Clinic.

I will email curriculum usually a week ahead of time. I will email a Zoom link. There may be some preliminary materials to purchase. \*\*\* Please email me some handwriting samples and a 15 second video of your child writing (I need to see the child's hand). Chatting with you and seeing this information will help me better plan for our first session.

**Equipment requirements:**

A laptop works very well. A student can fold the computer up so I can see their face or they can see my screen, and then they can fold it down so that I can see them to their work. IPAD's or tablets work fine but I highly suggest purchasing a \$15 - \$20 folding stand or tripod for the device so that it can be folded up or down (I need to see the students work). For keyboarding classes only, I need a separate webcam pointing to the keyboard.

**Parent support:** Pre-K – 1<sup>st</sup> grade children will need a parent to sit with their child and help during the sessions. Many parents choose to help older students as well during sessions. Older students often can participate in the sessions independently, but we do ask that a parent be close by. I will usually email parents of older students a quick update on how their child did during the session.

**Homework:**

The students get instruction from me, but they need to practice skills some during the week. This is not much practice but the students who practice some usually make quick progress.

If you do not have a credit card on file for payment, Karen Haddox, our office manager, will be calling to set it up. We charge sessions at the end of the week.

\$50 – 30 minutes

**Evaluation:** I can do an assessment – cost is \$150. This is important if your child has special needs and would require an individualized plan of care that requires adapted learning, adapted curriculum, etc. For most students, I run the teletherapy as courses and I just screen the students on the first session – no extra cost. Even though the teletherapy is curriculum or a course (similar to the courses and camps when we had our building), we do individualize sessions.

**Insurance:** We are not filing , providing or submitting forms for insurance as teletherapy.

## Teletherapy Courses – curriculum is individualized to your child’s pace but this is a list of general courses that we can do in teletherapy:

CLASSES	Preschoolers Ages 4.5 – 6 ( <i>not in K</i> )	Kindergarten	First Grade	2 <sup>nd</sup> grade – 5 <sup>th</sup>	6 <sup>th</sup> grade and above
**Pre-K	Pre-K				
**Kids Beginning Print ( 12 – 15 sessions)		K/1st	K/1st		
Advanced Print (8 - 12 sessions)		K/1st	K/1st		
**Sensory Motor Print Class (8 – 12 sessions)			1 <sup>st</sup> /2 <sup>nd</sup>		
**WHAM (Print legibility course) 8 – 10 sessions				2 <sup>nd</sup> – 5 <sup>th</sup> graders	
TEEN WHAM 8 sessions					6 <sup>th</sup> grade and above
**Cursive Class 10 sessions				2 <sup>nd</sup> – 6 <sup>th</sup>	
Keyboarding Class *** Must have a 2 <sup>nd</sup> webcam on keyboard area) 8 – 10 sessions				Any age 3 <sup>rd</sup> grade and above	*Also available as a product in The Fine Motor Store
Numbers Session for Number Reversals (2 private sessions)		K – 6 <sup>th</sup>			*Also available as a product in The Fine Motor Store
Letter Reversals Session (2 private sessions) Pre-requisite: any print class.		K – 6 <sup>th</sup>			*Also available as a product in The Fine Motor Store

\*\* These courses are also available as self paced courses on the Zenler platform

\*\*\* Since most online sessions are 30 minutes (could be 45 minutes for older students), sessions will vary depending on the student’s progress, any individualization of the materials, and home practice between sessions. Sessions are listed as an estimate. Parents can extend sessions if students need more assistance since all sessions are private 1:1 sessions.



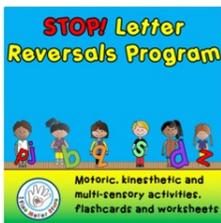
**The Fine Motor Store on TpT: Purchase handwriting and fine motor curriculum at The Fine Motor Store on [www.TeachersPayTeachers.com](http://www.TeachersPayTeachers.com). Search Teachers Pay Teachers for The Fine Motor Store.**

<https://www.teacherspayteachers.com/Store/The-Fine-Motor-Store>

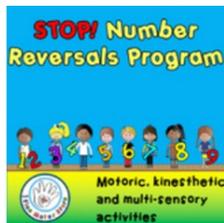
All of our handwriting programs plus 300+ fine motor and handwriting support products are available through The Fine Motor Store as digital downloads.

**Quick link to all handwriting programs:**

<https://www.thehandwritingclinic.com/FS/FSTelehealth.php>



Letter Reversals



Number Reversals



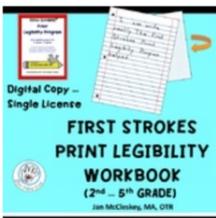
Free grasp activities



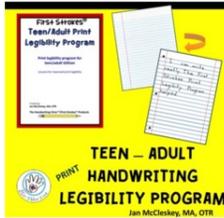
Kindergarten Program



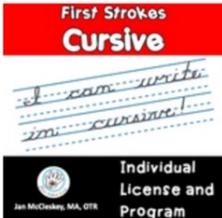
1st gr Program



2nd - 5th



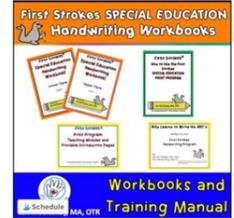
6th grade and above



2nd - 6th grade



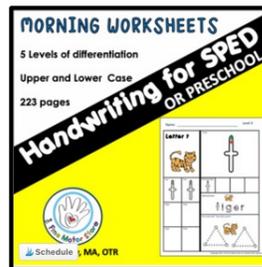
3rd - 8th grade



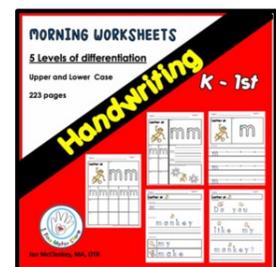
Special Education

As a resource to students who would not benefit from online type therapy, I am uploading **weekly theme based fine motor and writing curriculum** that can be used at home. \$6.00 a file!

If you need a handwriting product, that has differentiated levels for students with special needs, these are my favorite 2 files for parents



Without handwriting lines



With handwriting lines

## TELETHERAPY: DESCRIPTION OF CURRICULUM:

Available online as teletherapy with a therapist or as self-paced courses through Zenler. Online is \$50/30 min for 1 x week.

### Pre-K curriculum

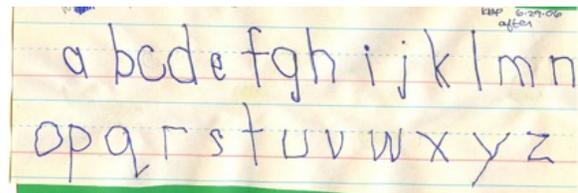
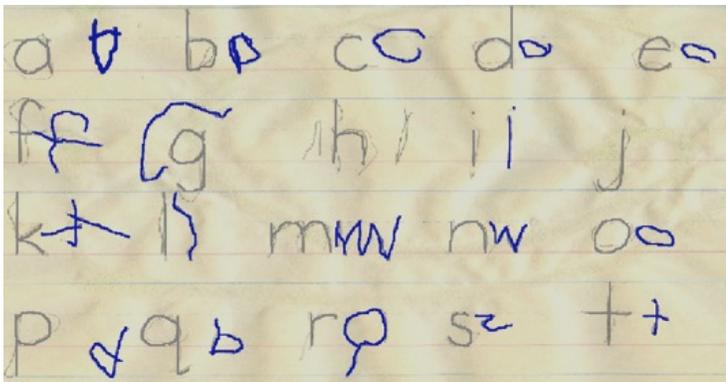
Multi-sensory class to actively learn lower case letter formation and then upper case letters using multi-sensory activities. This class introduces the concept of lined paper, although the emphasis of this class is correct letter formation and grasp development through fun, exploratory multi-sensory activities. Class continues to work on fine motor readiness for Kindergarten through grasp and fine motor labs. Students will work on letter formation through large motor, medium motor (ex. 4 inch handwriting lines) and small motor (workbook and handwriting paper). This class also has a large emphasis on fine motor skills and grasp development. Students will also work on Kindergarten readiness skills (drawing people, animals, scenes, shapes)

30 minute sessions @\$50 per session

### Kids Beginning Print

**Kids Beginning Print (For kids K or 1<sup>st</sup> grade)** (Emphasizes grasp development, and letter formation within handwriting lines. Teaches lower case and upper case print through the First Strokes curriculum and multi-sensory techniques. Excellent class for beginning writers or kids who need extra help. Objectives: Students will write the alphabet from a - z within the handwriting lines, with good spacing, consistency of size and form, and sequencing of letters and no reversals. Students will also develop fine motor readiness skills with correct grasp patterns, and separation of the 2 sides of the hand for manipulative writing skills.

30 minutes @\$50 session.

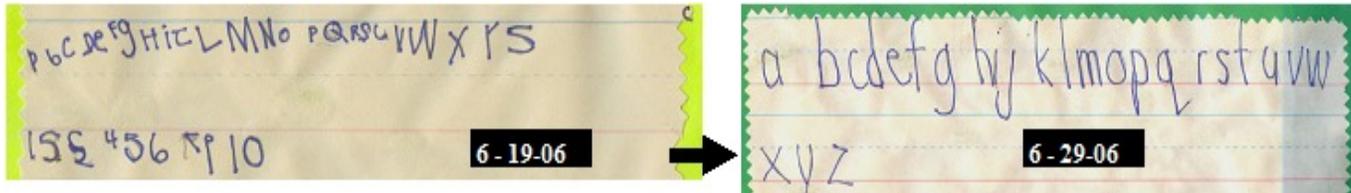


BEFORE

AFTER

## Sensory-Motor Print Class (1 - 2 graders)

Re-teaches print formation with the First Stroke concepts and letter groups. Both standard print or "snail tails" style handwriting are taught. This class is for students who have learned print, but have difficulty with sequencing letters, writing within handwriting spaces, or with letter formation. Zany writing topics for writing generalization/sentence activities each session! **8 sessions – 12 sessions**  
**\$50 for 30 minute sessions**



## Grasp Class (1st – 5<sup>th</sup> grade)

If grasp is an issue, we can add sessions to work on fine motor skills. We work with fine motor skills in our preschool and Kids Beginning Print classes – all integrated into the curriculum.



## NUMBER REVERSALS SESSION!

We can usually teach kids to not reverse numbers in 2 -3 online sessions for first graders and above.

\$50 – 30 minutes per session

1 5 2 4 7 6 5 8 P TO 1 2 3 4 5 6 7 8 9

## LETTER REVERSALS SESSIONS!

We work on letter reversal strategies in our Kids Beginning Print and our Sensory Motor Print classes. We do not work on letter reversals in our WHAM class (2<sup>nd</sup> grade and up), so if your child is in 2<sup>nd</sup> grade or higher, please schedule a session to work on letter and/or number reversals if your child struggles with reversals

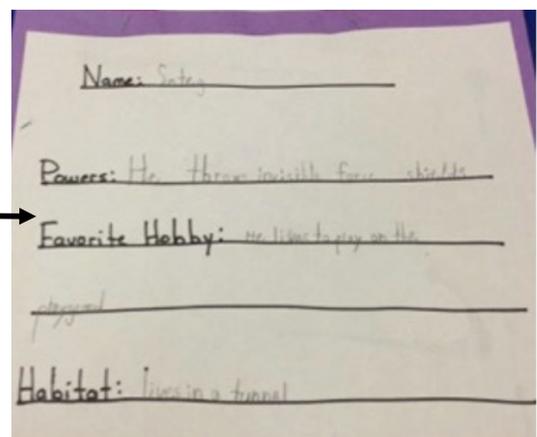
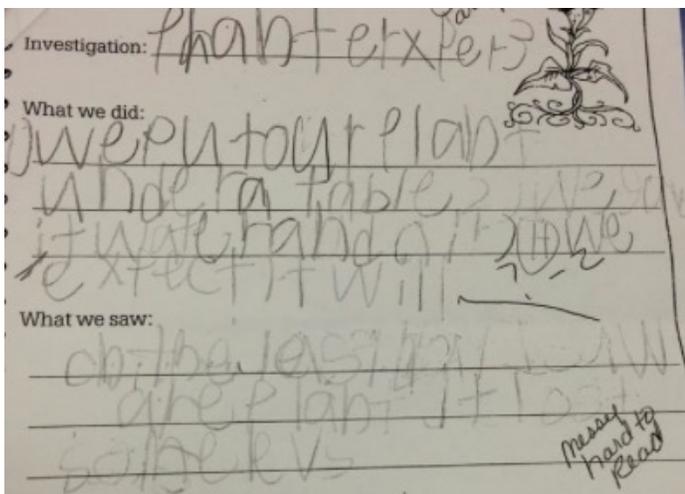
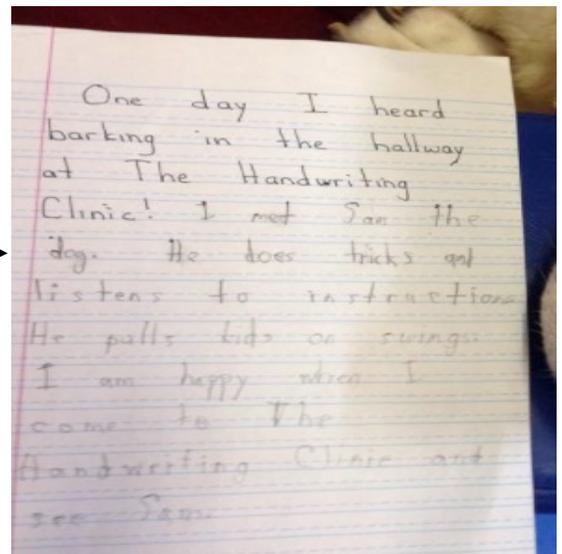
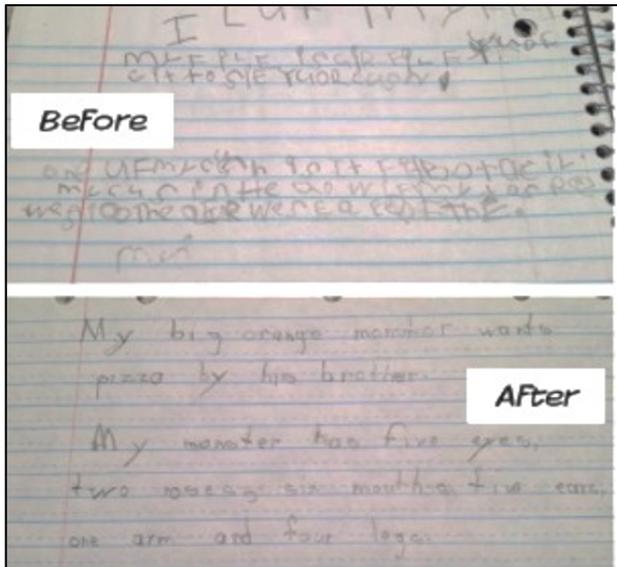
\$50 – 30 minutes per session  
2 – 3 sessions

# WHAM Class - Writing, Handwriting and Math Legibility - (PRINT)

2<sup>nd</sup> – 5<sup>th</sup> grade

Work on print legibility techniques for sizing of letters on notebook paper, and for handwriting error recognition. Many students 2nd grade and above, develop impulsive handwriting, and have a “need for speed” handwriting to get their schoolwork done. With the need for speed handwriting, many students decrease legibility. Many other students, just do not know the techniques for how to place writing within the lines on regular notebook paper. We use the First Strokes Print Legibility Program, to teach quick legibility techniques, and add in FUN, multi-sensory learning activities such as writing with exploding paint, to practice techniques. Students will also work on math and numbers legibility, cool writing projects, training notebook paper, generalization skills to notebook paper and fill in the blank worksheets/assignment logs, etc. Students will do a writing topic most sessions, to practice generalization of skills taught within a lesson

**8 – 10 sessions \$50 per 30 minute session.**



Fill in the blank worksheet: **BEFORE**

**AFTER**

## TEEN WHAM Class - Writing, Handwriting and Math Legibility - (PRINT) 6<sup>th</sup> grade and above

Work on print legibility techniques for sizing of letters on notebook paper, and for handwriting error recognition. Many students 2nd grade and above, develop impulsive handwriting, and have a “need for speed” handwriting to get their schoolwork done. With the need for speed handwriting, many students decrease legibility. Many other students, just do not know the techniques for how to place writing within the lines on regular notebook paper. We use the First Strokes Teen Print Legibility Program, to teach quick legibility techniques, and add in FUN, multi-sensory learning activities such as writing with exploding paint, to practice techniques. Students will also work on math and numbers legibility, cool writing projects, training notebook paper, generalization skills to notebook paper and fill in the blank worksheets/assignment logs, etc. Students will do a writing topic most sessions, to practice generalization of skills taught within a lesson

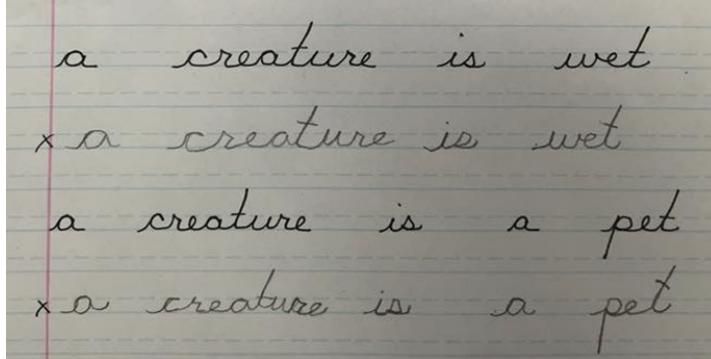
**8 – 10 sessions \$50 for 30 minute session**

## Sensory-Motor Cursive Class - (2nd - 6th)

Beginning or remedial cursive class using simple, easy to remember formation strategies for lower case letters. Class works on visual memory and increasing speed of writing while maintaining legibility. Cool, zany writing topics to generalize cursive into functional handwriting skills.

**\$50 for 30 minute session**

**8 – 10 sessions, depending on skill, length of sessions, etc.**



## Keyboarding Classes

Multi-sensory keyboarding class using fun, creative techniques to learn home row keys, keyboard and fluency. Students will even practice keyboarding skills in our motor gym! This class integrates ON-keyboard practice through a typing manual, with creative, multi-sensory typing OFF– keyboard activities.

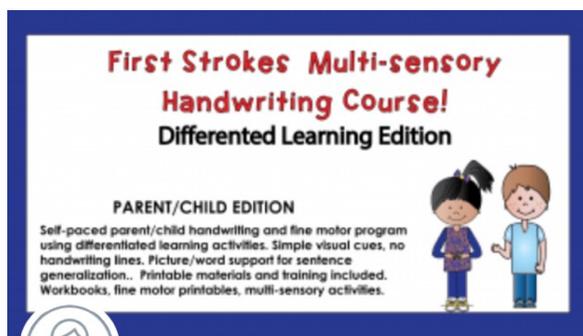
**8 – 10 sessions \$50 per session**

**\*\*\* Must have a separate webcam or device to show the students hands on the keyboard**

## Self-paced Courses on ZENLER

These courses are through Zenler.com. They will not have therapist support/private mentoring – but it IS our course (plus more)! Most importantly, the course walks you through instruction through modules and videos. This is a VERY economical way of working with your child on important skills. The courses are meant for a parent and child to work together. You may work with multiple children in your family through the same course with no extra fee.

<https://the-handwriting-clinic.newzenler.com>



Jan McCleskey

\$100

### Print Course for Special Education - PARENT EDITION

Very similar to our beginning print course but no handwriting lines!

### [First Strokes Multi-sensory Handwriting Program – Special Education Edition:](#)

This is a similar version of our multi-sensory handwriting program from pre-k – 1<sup>st</sup> grade students. The difference is that there is more emphasis on fine motor development – 11 fine motor themed packets that are very comprehensive for scissors, tongs, coloring and grasp development skills. The course also has adapted trace and copy worksheets, without handwriting lines. There are differentiated levels within each letter module! Perfect for students who are showing some readiness for handwriting, but who might struggle with traditional handwriting programs where handwriting lines are emphasized!



Jan McCleskey

\$100

### Print Course for Pre-K - 1st grade - PARENT EDITION

Beginning Print course using the First Strokes Handwriting Program.

### [First Strokes Multi-sensory Handwriting Program – Pre-K – 1<sup>st</sup> grade:](#)

The Sensory Motor ABC class, Kids Beginning Print and Sensory Motor Print class is online. It has differentiated levels and workbooks through the course, for pre-k through 1<sup>st</sup> graders. (3 downloadable workbooks. It comes with fine motor modules for grasp development, scissors skills, tongs skills, developmental pre-writing skills. The course also progresses to words and sentences. It has a section for letter and number reversals too! VERY comprehensive, and can be differentiated to beginning learners through students in 1<sup>st</sup> grade who need more advanced writing skills. \$100

## Self-paced Courses



Jan McCleskey

\$100

### Print Legibility Course for 2nd - 5th graders - PARENT EDITION

Work with your student on skills for improved handwriting legibility. Perfect for students with dysgraphia.

[First Strokes Print Legibility Course for 2<sup>nd</sup> – 5<sup>th</sup> grade](#): Our Wham class/camp for 2<sup>nd</sup> graders and above is online as a self directed course with learning modules. It is called the "Print Legibility Course". This course works on sizing, spacing and speed handwriting errors. It does not work on reversals or letter formation/sequencing, as it is difficult to change habitual patterns. If a student is still reversing letters and numbers, a parent can schedule private sessions with us or purchase the First Strokes Letter Reversals Program or the First Strokes Number Reversals Program from The Fine Motor Store on [www.TeachersPayTeachers.com](http://www.TeachersPayTeachers.com). This is the perfect course to work on legibility! \$100



Jan McCleskey

\$80

### First Strokes Cursive Course PARENT/CHILD EDITION

Handwriting Course for student/instructor

[First Strokes Cursive Course](#): The cursive course will take students through practicing letters from a video of each letter. The students will practice the letters in extra large handwriting lines and then within the comprehensive workbook. The workbook includes generalization activities to practice speed and visual memory, words and phrases and sentences. The course will introduce lower and upper case letters. \$80

## Self-paced Courses

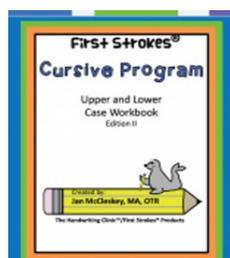


Jan McCleskey

\$100

### Print Legibility Course for 2nd - 5th graders - PARENT EDITION

Work with your student on skills for improved handwriting legibility. Perfect for students with dysgraphia.



**First Strokes Cursive Course:** The cursive course will take students through practicing letters from a video of each letter. The students will practice the letters in extra large handwriting lines and then within the comprehensive workbook. The workbook includes generalization activities to practice speed and visual memory, words and phrases and sentences. The course will introduce lower and upper case letters.

**First Strokes Print Legibility Course for 2<sup>nd</sup> – 5<sup>th</sup> grade.** : Our Wham class/camp for 2<sup>nd</sup> graders and above is online as a self directed course with learning modules. It is called the "Print Legibility Course". This course works on sizing, spacing and speed handwriting errors. It does not work on reversals or letter formation/sequencing, as it is difficult to change habitual patterns. If a student is still reversing letters and numbers, a parent can schedule private sessions with us or purchase the First Strokes Letter Reversals Program or the First Strokes Number Reversals Program from The Fine Motor Store on [www.TeachersPayTeachers.com](http://www.TeachersPayTeachers.com). This is the perfect course to work on legibility!

### Keyboarding



Our keyboarding camp/class is not online as a course but is a printable program for \$20 in The Fine Motor Store.

<https://www.teacherspayteachers.com/Product/First-Strokes-Multi-sensory-Keyboarding-Program-and-Manual-Individual-License-1088571>